

Tallmadge Community Learning Center



St. Patrick's Day is Tuesday, March 17!



740-475-9229



A Look Ahead:

Spring Break: due to the many snow days we have had, spring break will be cut short this year. The tentative dates for Spring Break are: Friday, April 10 - Monday April 13. School will **resume Tuesday, April 14-17** as make up days. Please mark this on your calendars!

Fast Facts:

*Studies show that eating a nutritious dinner with your child has a positive impact on their lives.

*It's recommended that school-age children get 10 hours of sleep a night.

*Children should get about one hour of physical activity a day. This can include running, muscle strengthening (like push ups or sit-ups), and/or jumping rope.

Homework Help Tips

Homework can be a struggle sometimes for both the student and the parents. At the Tallmadge Community Learning Center, we try to get as much homework done with your child as possible. Here are a few homework tips for parents to help your children.

- Provide a quiet, well-lit place to do homework.
- Have materials ready that your child needs (paper, pencils, crayons, etc.).
- As the parent, be positive about homework; express that school is important.
- When your child does his/her homework, you do homework - if your child is reading then you read too.
- When your child asks for help, provide guidance, not answers - providing the answers means that your child will not learn the material. Assist them in figuring out the answers.
- Reward progress in homework - celebrate completion of homework using a reward system or a special event to reinforce the positive effort. (Example: movie night with popcorn, a trip to the park, ice cream, etc.)

March is Poison Prevention month. Please review household hazardous materials with your child. At the end of February students learned about poisons through the "Be Poison Smart" program developed by Nationwide Children's Hospital.

Spring is officially here on Friday, March 20, 2009!



Fun Friday Activities!



During the month of March, we have many exciting events happening at the Tallmadge CLC. To start off our Fun Friday's in March we will play Bingo; Dr. DePietro, a chiropractor, will be here to discuss bike and helmet safety and proper nutrition on March 13; art week will be March 16-20; and to end the month we will be watching a movie. We hope that these Fun Fridays are having a positive impact on your child. Please ask them what they are learning about and have your child discuss what they learned with you!!

Daylight Saving Time begins Sunday, March 8, 2009. Please remember to set your clocks ahead **one hour** at this time!

